THE DEEPER MEANING OF ALOHA

ALOHA is the Hawai’ian Way to remind each other to be thankful everyday for the Breath of Life. My Teacher – my KUPUNA WAHINE and my Dad and Mom – taught us KAMALI’I – our Children the deeper meaning of ALOHA, it is a Feeling: this Knowledge that people all over the world forgot: the UNCONDITIONAL LOVE. It is “Time” to share the ALOHA to the world unconditionally – because Aloha can heal the World.

THE SPIRIT OF ALOHA

The workshop teaches the Basic Knowledge of Ho’oponopono LomiLomiSM, but we will learn far more than a massage technique. We connect with the SPIRIT OF HAWAI’I and the AKUAS – Gods and KUPUNAS – Ancestors of the land. We immerse into the Cultural Arts and Traditions of HAWAI’I and learn ancient and secret Knowledge – HUNA like PULE – Prayer, MELE Songs, OLI – Chants, Protocol, Cleansing Rituals and HULA – Dance. We will learn to work with people in connection to AKUA and the Higher Forces, with respect and compassion, honouring ourselves and the ones coming to us. The workshop will be held in the TRUE SPIRIT OF ALOHA.
Aloha can heal the World

ALOHA KAKOU - ALOHA to everyone!
We are Kumu Allen Elia Alapa'i and Kumu Kahililaulani Alapa'i and coming from a quiet peaceful town on the GARDEN ISLAND of KAUA'I, the town of Hanalei. We live a very simple native way of life with nature ... from the mountains to the sea, knowing our purpose of LIVING LIFE in harmony with 'OHANA KA HONUA - the Family of Earth.

We just opened the doors to the opportunity of learning from a real HAWAI’IAN KANAKA MAOLI - a Native of Hawai’i and we are here in Europe to bring Hawai’i to all of you, to share with you our Hawai’ian Culture and the way of ALOHA from our heart to your heart.

The Journey

As the original KUMU - Teacher of HO’OPONOPONO LOMILOMISM I am in search of a HUI ‘OHANA - the ones who heard my call to come be a part of my Team of ALOHA Givers - a group of Family Healers.

Blessed with so many wonderful NA KUMU - Teachers, KŪPUNA - Grandparents, ‘OHANA - Ancestors, worldwide Journeys, meeting Shamans, Gurus, Yogis, Monks, First Nation Tribes like Australian Aboriginals, Maori Chiefs and ALI‘I - Royalty, all our South Pacific ‘OHANA from Tahiti, Samoa, Fiji and GiliPaki Islands, the Hawai’ian Islands who shared their „Direction“ and their Way of Life with me. I am in deep Gratitude to everyone ... MAHALO NUI LOA KAKOU !!!

This Journey began as all Journeys should begin ... at Home gifted from many Generations of Healers in my Family. I represent my KUPUNA KANE - Grandpa, my KUPUNA WAHINE - Grandma, MAKUA KANE - Father, MAKUAHINE - Mother, O KAILI, O ALAPA‘I ‘OHANA, who gave me the SPIRIT OF ALOHA - to one day „when the time is right“ share with you and everyone that

HO’OPONOPONO means to make things right, to make balance - make PONO - to be in harmony with yourself, your family, your environment and your community. FORGIVENESS is the key for healing. It is about releasing the four main negative energies the body holds: fear, anger, jealousy and sadness which can cure blockades and knots in the body.

LOMILOMI means to soften and it is the Hawai’ian Art of Healing the Mind, Body, Heart and Spirit. Using the proper protocols of PULE - Prayer, OLI - Chants, MELE - Songs and HULA - Dance, we become the instrument, the channel that can heal people.

HO’OPONOPONO LOMILOMI™ is more than a massage. It is an ancient Hawai’ian Healing Tradition that uses many kinds of techniques. It’s known for being a soothing, flowing, gentle and relaxing experience. What’s been released by HO’OPONOPONO on a mental and emotional level can be loosened by LOMILOMI on a physical level.

Named after my Grandmother I am a KANAKA MAOLI - a native Hawai’ian. I grew up on the West Shores of Oahu, farming, fishing and gathering the herbs LA‘AU LAPA‘AU for healing. My mother Jean Kawehionapua was an Hawai’ian KŪPUNA - Elder, teaching MELE - Music, HULA - Dance, HO’OPONOPONO and aids in spiritual and physical ailments. She has helped many and all remember her for her laughter. Growing up with Mom, this was the Way of Life and it became mine. I continue to carry on her Knowledge and Teachings with my ‘OHANA - my Family and others around the World and most of all in my Homeland of HAWAI‘I.

Hula - Dance

The Traditional Hawai’ian Dance carried on through lineage - is expressed with Love - ALOHA, Poise, Strength and Dignity of our Culture. Honouring the Ancestors, Land, Water and everything with spiritual connection. HU-LA means overflowing MANA - Life Energy. To us Hawai’ians the ancient, traditional and ritual HULA KAHIKO is a sacred, spiritual Dance which strict protocol is not meant to be changed. Additional there also exist the modern HULA ‘AUANA with it’s soft and flowing motions.

Aloha can heal the World
HO’OPONOPONO LOMILOMI 2018

The workshop consists out of three modules – Level A - C. The final Level will be performed on the Island of Kaua’i. Participants will receive a confirmation for each module. Participation in workshop Level A will gain Knowledge for giving about 2,5 hours full body HO’OPONOPONO LOMILOMI SM of the back. We recommend to take part in all three modules. Participants of all three modules will receive a certificate as a HO’OPONOPONO LOMILOMI SM practitioner. The seminar is offered in English with German translation.

LEVEL A – Basics | SAT 7 APRIL - SUN 15 APRIL 2018
Haumanas – the students learn LOMILOMI - Massage Basic Techniques of the back | HO’OPONOPONO Introduction - Releasing, Clearance, Process Work | Hawai’ian PROTOC COLL, PULE, MELE, OLI - Prayers and Chants | RITUALS for Cleansing | HULA - Dance

LOCATION Freizeithaus Allmannsried, Allmannsried 30, 88175 Scheidegg

LEVEL B – Advanced | IN PREPARATION
We repeat Level A and learn LOMILOMI - Massage of the front | Touch and Inner Attitude | HO’OPONOPONO Self Healing | Hawai’ian PROTOC COLL, PULE, MELE, OLI | Clearance and MEDITATION | MANA - Energy and Chakra Work with ourselves | HULA - Dance

LEVEL C – Graduation | IN PREPARATION - generally end of August
We repeat Level A and Level B and learn LOMILOMI - Advanced Techniques | HO’OPONOPONO solving Problems | Hawai’ian PROTOC COLL, PULE, MELE, OLI | Realization of Imbalances and Support of Recovery

LOCATION Island of Kaua’i, Hawai’i | Level A and Level B required

WORKSHOPS 1350,- plus stay, board & flight
CONTACT Manaleo Inge Pott | +49 178 285 2892 | workshop (at) allenalapai.de